

Preventing Identity Theft



- Protect your Social Security Number – It is the key to your financial life.
- Do not follow (click on) links or open attachments in an email from an unknown or untrusted source.
- Don't carry your Social Security Card or Medicare Card in your wallet (make sure to grab your Medicare Card when you go to doctor appointments).
- NEVER supply any personal information to an unsolicited email, phone call, letter, or individual.
- Use different computer passwords for different accounts.
 - Change your passwords frequently.
 - Use passwords that are difficult and include numbers, upper & lower case letters, and special symbols.
- Order a free credit report annually from www.annualcreditreport.com or (877) 322-8228
 - Look it over for inconsistencies that might show fraudulent activity.
- Register your phone number(s) on the Do Not Call Registry at www.donotcall.gov or (888) 382-1222.
- If something seems too good to be true, it probably is.
 - Do not respond to “winning the lottery”, “free cruise” or an unknown party pleading for financial help.
- Keep your computer anti-virus protection up-to-date.
- Shred all paper with any personal information on it.

Report to the police if you are ever victimized or approached by a con artist.

Sources:

[1] FTC: *Warning Signs of Identity Theft* <http://identitytheft.gov>

[2] *Identity Theft & Data Security* FTC <https://ftc.gov>

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Additional Resources

Cedar Rapids Police Department

505 1st St SW
Cedar Rapids, IA 52404
(319) 286-5375 ext. 5485
www.cedar-rapids.org/police

Crime Stoppers

1-(800) -272-7463

Cedar Rapids Fire Department

713 1st Avenue SE
Cedar Rapids, IA 52401
(319) 286-5200 – Main Number
(319) 286-5277 – Public Educator
www.cedar-rapids.org/government/departments/fire

Marion Police Department

6315 US-151
Marion, IA 52302
(319) 377-1511
www.cityofmarion.org/departments/police-department

Marion Fire Department

3933 Katz Drive
Marion, IA 52302
(319) 377-8237
www.cityofmarion.org/departments/fire-department

Hiawatha Police Department

101 Emmons St.
Hiawatha, IA 52233
(319) 393-1212

Linn County Sherriff's Office

P.O. Box 669, 310 2nd Avenue SW
Cedar Rapids, IA 52406
(319) 892-6100
www.linncounty.org

Mount Vernon Police Department

213 1st St NW
Mount Vernon, IA 52314
(319) 895-6141
www.cityofmtvernon.com

Linn County Emergency Management

6301 Kirkwood Blvd SW
Cedar Rapids, IA 52404
(319) 892-6500
<http://www.linncounty-ema.org>

Aging Services

317 7th Ave SE Suite 302B
Cedar Rapids, IA 52401
(319) 398-3644
www.agingservicesia.org

Heritage Area Agency on Aging

6301 Kirkwood Blvd SW
Cedar Rapids, IA 52404
(319) 398-5559
www.HeritageAAA.org

Horizons: A Family Service Alliance

819 5th Street SE
Cedar Rapids, IA 52403
(319) 398-3943
www.horizonsfamily.org

LifeLong Links

(Families & Caregivers can get info on services for older adults & persons with disabilities age 18+)
(866) 468-7887
www.lifelonglinks.org

AARP

(866) 554-5378
www.aarp.org/ia

United Way of East Central Iowa

317 7th Avenue SE Suite 401
Cedar Rapids, IA 52401
(319) 398-5372
<http://www.uweci.org/>

